

FORM F321 SECTION: STUDENTS	
Adopted/Original Date of Issue	2019
<input checked="" type="checkbox"/> Last Reviewed <input checked="" type="checkbox"/> Revised	2019
Next Review Date	2025
Contact	Superintendent of Education – Program Services

EXEMPTION FROM INSTRUCTION IN HUMAN DEVELOPMENT AND SEXUAL HEALTH

Having reviewed the Human Development and Sexual Health expectations in the elementary Ontario Health and Physical Education curriculum for my child’s grade, I would like my child to be exempted from instruction related to these expectations, without academic penalty.

During the exemption period, I would like my child to [select one only]:

- be released into my care or the care of my approved designate (following established school sign-out procedures). The daily schedule for instruction will be provided five school days prior to instruction of exempted strand.
- remain in the classroom without taking part in instructional activities related to Human Development and Sexual Health. I understand that my child’s activities unrelated to Human Development and Sexual Health during the exemption period will be at the discretion of the teacher.
- leave the classroom and remain in the school under staff supervision. I understand that my child’s activities during the exemption period will be at the discretion of the teacher or principal.

NOTE: If one (1) of the three (3) options above is not selected, the Principal or the Principal’s designate will determine where in the school the child is to remain during the exemption period.

Notice of Period of Instruction

For the 20 ____ - ____ school year, the Human Development and Sexual Health expectations will be covered:

- In a single period of time starting _____ and ending _____.
- In a cyclical manner over several months starting _____ and ending on _____.

Parents/guardians will be notified of subsequent period of instructions. The current notice of exemptions will continue to apply.

I understand and agree with the following statements:

- The Human Development and Sexual Health expectations in strand D of the Health and Physical Education Curriculum are different in every grade, so I must submit a completed exemption form every school year, for each child, in order for the child to be exempted from instruction related to Human Development and Sexual Health expectations in that school year.
- References to or conversations about sexual health–related concepts among teachers, school staff, or other students outside formal instruction in Human Development and Sexual Health are not subject to this exemption.
- My child will continue to receive instruction related to all other elementary health and physical education curriculum expectations.
- Requests for exemption made by phone, or exemption forms or written requests that do not have a parental/guardian signature, will not be accepted.
- This exemption form must be returned by _____ [insert date - date must not be more than five (5) days prior to the start of the instructional period] for my child to be excluded from instruction related to the Human Development and Sexual Health expectations in strand D of The Ontario Curriculum: Health and Physical Education, Grades 1–8, 2019.

To be completed by parent/guardian:

Child’s Last Name: _____ Child’s First Name: _____
 Parent/Guardian _____ Parent/Guardian _____
 Name (print): _____ Signature: _____
 Grade: _____ Class Teacher: _____

PLEASE NOTE:

You will receive an acknowledgement from the school by _____ by _____
 [letter/email/text] [insert date]

If you do not receive an acknowledgement, please contact _____
 [contact name here]

Please return this signed form no later than: _____
 [insert date – date must not be more than five days prior to the start of the instructional period]

Form History

Approved:	November 2019
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