

FORM F260-7B	
SECTION: EDUCATIONAL PROGRAMS AND MATERIALS	
Adopted/Original Date of Issue	2019
<input checked="" type="checkbox"/> Last Reviewed <input type="checkbox"/> Revised	Mar 2023
Next Review Date	2028
Contact	Superintendent - Program Services

SWIMMING REQUIREMENT VALIDATION FORM - ON-SITE

This approval letter will certify that each participant has successfully performed the following necessary swimming requirements under the supervision of a certified aquatic instructor or certified lifeguard. In lieu of completing the swim test, students may provide proof of Bronze Star certification or higher.

SWIM TEST FOR WATER ACTIVITIES - An initial screening/testing of swimming ability must be demonstrated in shallow water to a certified aquatic instructor prior to swimming. To be designated “a swimmer” students must be able to tread water for 1 minute and swim 50m (164’). Identified non-swimmers and those who cannot successfully complete the swim test must wear a properly fastened Personal Flotation Device (PFD) to successfully complete the swim test.

SWIM TEST FOR WATER ACTIVITIES INVOLVING WATERCRAFT - Prior to canoeing, students must successfully complete a rolling entry into deep water at 2.75m (9’) minimum depth and the swim test for water activities, in sequence, with or without a personal flotation device (PFD):

Note: Those who cannot complete the test without a PFD must be identified and wear a properly fastened Personal Flotation Device (PFD) for recreational swims and instructional swims. The PFD can be removed during instructional swims when the non-swimmer is under constant visual supervision by the instructor during learn-to-swim skill instruction and/or practice (as per OPHEA guidelines).

Upon completion of the test, please have the representative fill in the following information.

Address of location test was completed					
Phone #		Date of the test			
Name of the certified aquatic instructor or certified lifeguard		Signature of certified aquatic instructor or certified lifeguard.			
Certification Date		Certification #		Phone #	

Student	Swim Test				Initial of Qualified NLS representative		
	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
1	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
2	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
3	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
4	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
5	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
6	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
7	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
8	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
9	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
10	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
11	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
12	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
13	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
14	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
15	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
16	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
17	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
18	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
19	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	

20	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
21	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
22	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
23	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
24	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
25	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
26	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
27	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
28	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
29	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
30	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
31	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
32	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
33	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
34	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	
35	50m	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	1 min Tread	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	Roll.Entry	YES <input type="checkbox"/> YES w PFD <input type="checkbox"/> NO <input type="checkbox"/>	

Teacher _____

Signature: _____

Form History

Approved:	
Reviewed:	
Revised:	