

TRANS INCLUSION RESOURCE LIST FOR RCDSB

Compiled by the Champlain Regional Planning Table for Trans and Gender Diverse Health
(RPT)'s Systems Planner

NAVIGATING AND MITIGATING THE RISE IN ANTI-TRANS HATE

[Schools In Transition: A Guide for Supporting Transgender Students in K-12 Schools](#)

This resource provides a blueprint for safe, supportive, and inclusive school environments for transgender youth. This guide, written for administrators, teachers, parents, and other adults who work with youth, covers topics ranging from basic concepts of gender and the importance of affirming gender identity, to best practices for restroom access and working with unsupportive parents. The National Center for Lesbian Rights (NCLR) and Gender Spectrum led the effort to produce the guide, joined by HRC Foundation, the American Civil Liberties Union (ACLU), and the National Education Association.

[Confronting and Preventing Hate in Canadian Schools](#)

This toolkit, developed by the Canadian Anti-Hate Network, includes suggestions and resources to help school communities navigate their own questions and challenges relating to hate movements. It's aimed at supporting students, teachers, staff, administrators, parents, and other community entities in identifying and attempting to deal with involvement in far-right social movements potentially leading to violence.

[Draw the Line – Against Transphobic Violence in Schools: A Guide for Educators Working with Youth to Support Bystander Intervention in Transphobic and Sexual Violence](#)

This document, developed as part of the Draw the Line Campaign, contains 4 lesson plans, an Ontario Curriculum Connections Chart, and background information and resources on trans identities and violence prevention.

SUPPORTING TRANS STUDENTS

[Affirming Adults Webinar](#)

This interactive 75-minute webinar, created by Egale Canada, explores the vital role that adults across the whole school community can take up in promoting environments where 2SLGBTQI youth can thrive.

[Affirming Adults Panel Discussion: For teachers, school staff, and community partners](#)

This panel discussion explores what school communities look and feel like when 2SLGBTQI affirming adults show up. Panelists exchange stories, struggles and promising practices for building environments where 2SLGBTQI students can thrive.

[Preparing Students for the Transition of a Trans or Gender Diverse Peer](#)

This document aims to assist school staff with key considerations and language to approach a conversation regarding the upcoming transition of a trans classmate. The concepts introduced in this resource can be implemented regardless of whether a student has come forward to indicate that they are trans.

[Caring Adults: Supporting 2SLGBTQI+ Youth During Difficult Times](#)

This quick guide emphasized why safer spaces and relationships matter for 2SLGBTQI+ youth and offers a template for how to reach out and check-in with the 2SLGBTQI+ youth that you are connected with.

[The Gender Support Plan](#)

The Gender Support Plan is a detailed form to help you create a shared understanding among school staff, parents, and a student about the ways in which the student's authentic gender will be accounted for and supported at school.

[Youth Name Change Guide](#)

Principals of elementary and secondary schools can act as a guarantor in support of youth name changes. Positive Space Network collaborated with pro Bono Students Canada to develop this Youth Name Change Guide for transgender, non-binary, and gender-nonconforming youth in Ontario looking to change their name. The guide provides you with document checklists, important tips, and additional information about the process of changing your name on a variety of different documents.

WELCOMING SPACES AND INCLUSIVE LANGUAGE

[Gender and Children: A Place to Begin](#)

Creating schools that nurture academic achievement, provide physical and emotional safety, and welcome all students is a common goal for educators. This checklist, developed by the Human Rights Campaign, supports educators in creating gender inclusive environments that both affirm all children and help them move beyond the limitations of gender stereotyping.

[Pronoun Resource for Teachers](#)

This resource, created by EGALE Canada, supports educators in validating and affirming their students through the correct use of pronouns.

[Introductory Guide to Gender-Inclusive Language](#)

Trans Care BC has created an introductory guide to gender-inclusive language for service providers and primary care practitioners.

[Guide to Avoiding Harmful Phrasing](#)

This guide, developed by Wisdom2Action and CPHA, provides a short review of terms best avoided, or to only be utilized in particular circumstances.

[Trans Care BC Managing Mistakes and Missteps](#)

This guide created by Trans Care BC offers guidance on how to correct certain errors, such as using the wrong name or pronoun.

[Guide to Adopting Gender Neutral Language](#)

Wisdom2Action and CPHA developed a quick guide to adopting gender-neutral language to help you avoid making assumptions and create braver spaces for trans and gender diverse communities.

MENTAL HEALTH RESOURCES

[Trans and Gender Diverse Mental Health, Wellness, and Suicide Prevention Toolkit](#)

This toolkit, developed by SPECTRUM Waterloo and Wisdom2Action, synthesizes pertinent knowledge and research on trans mental health and suicidality in Canada, alongside concrete tools and resources that trans people, friends and families of trans people, and service providers who work with trans communities can put to use.

[You are Made of Medicine: A Mental Health Peer Support Manual for Indigiqueer, Two-Spirit, LGBTQ+, and Gender Non-Conforming Indigenous Youth](#)

This peer support manual, developed by the Native Youth Sexual Health Network, is written by and for Indigiqueer, Two-Spirit, and LGBTQ+ Indigenous Youth. It provides some tips, strategies, and resources to manage mental health and wellness.

SERVICE NAVIGATION TOOLS FOR TWO SPIRIT, TRANS, AND GENDER DIVERSE YOUTH

[Champlain Region Gender Diverse Health Youth Resource Guide](#)

This guide builds on the Champlain Region Gender Diverse Health Resource Guide created by the RPT. It lists medical, mental health, and community-based services that are accessible to trans and gender diverse youth throughout the Champlain region.

RPT Website: www.transhealthottawa.org

This website was created and is maintained by The Champlain Regional Planning Table (RPT) for Trans and Gender Diverse Health. Included on the website is a “Looking for Services” section to support trans and gender diverse community members navigate the trans-inclusive and/or trans-specific services available in and around Ottawa. The website’s Resource Library also includes key resources for trans and gender diverse people, their families, and the people who support them.

TRAINING OPPORTUNITIES FOR EDUCATORS

[Introduction to 2SLGBTQI Inclusion](#)

This free, 90 minute, live webinar, from Egale Canada, is the perfect starting point (or refresher) for educators looking to build more inclusive schools. From learning about the 2SLGBTQI acronym and components of identity, to understanding pronouns and best allyship practices,

participants will leave with the foundational knowledge and tools they need to create more inclusive schools for 2SLGBTQI students.

Cyberbullying and 2SLGBTQI Youth

This free, 90 minute, live webinar, from Egale Canada, is designed to build on current anti-bullying efforts within schools and equips educators with practical tools to prevent and address cyberbullying targeted towards 2SLGBTQI students. Participants will gain a better understanding of the context and impacts that bullying has on 2SLGBTQI youth both online and in the classroom.

Faith and 2SLGBTQI Youth

This free, 90 minute, live webinar, developed by Egale Canada, will help educators bridge the gap between faith and identity as it relates to 2SLGBTQI youth. Participants will leave with new strategies for facilitating conversation on faith and 2SLGBTQI identities and ways to respond to faith-based forms of 2SLGBTQI hate in their own school communities.

Trans and Nonbinary Youth

This free, 90 minute, live webinar, from Egale Canada, is meant to help educators understand the unique experiences and challenges faced by trans and nonbinary students. Participants will leave informed on the latest research, and will be equipped with the skills and practical tools to better support inclusion of trans and nonbinary students in the classroom.